

# **Humility amid greatness**

ver wonder why the potato is often referred to as 'humble'?
The words 'humble' and 'potato' are almost always associated with each other or used together. In some contexts, these words even have other meanings which have nothing to do with food, e.g., a humble potato can refer to an unattractive girl who is looking for a boyfriend.

Perhaps 'humble' refers to the look of the potato – not as attractive as many other colourful vegetables. Perhaps it does not look as glamorous on a plate as many other foods. Or perhaps the potato is more of an 'unassuming' food, which does not need dressing up and taking to the limelight.

A majestic food in the least The fact is potatoes are anything but humble. In fact, the potato is a majestic food crop. When it comes to cooking and consumption, it is versatile, nutritious and affordable. In terms of production, potato producers admire its hardiness, yield and ability to withstand many of nature's challenges. It is tuber royalty and has

been feeding the world for hundreds of years, being lauded for its potential to address and alleviate food crises across the world.

This issue of *CHIPS* carries a clear message across its content: the potato is a hero. In South Africa, it is a well-researched crop that offers cultivation solutions where many others can't. It is endorsed by the Heart and Stroke Foundation of South Africa for its nutritious properties and is found in many forms in almost every household across South Africa, fresh or processed. A fresh potato can be as attractive and classy as any other food product.

Potato production is increasing across the world. This, of course, includes South Africa where especially developing farmers are being equipped with the tools to produce this amazing crop. Potato is a highly competitive crop and fresh produce markets are testament to the varieties of potatoes and the demand for it.

All of these aspects and many more are addressed in this latest issue of *CHIPS*. Be sure to read and digest every page, and by the end of it you will be as convinced as I am that the majestic potato is the go-to food of our time. Perhaps humble in its appearance, but magnificent in its impact on the world we live in.

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